

Moral Injury and staff wellbeing

Understanding and addressing moral injury in essential workers during the pandemic

Moral injury is being troubled by situations that go against good practice or your values.

A local multiagency project group developed a survey for essential workers during the first wave of the covid19 pandemic. These are the key findings:



21%

reported being troubled* by their own actions

60%

were more troubled* by the actions of others than their own

* scored greater than 40 out of 100 (where 0 is not troubled at all and 100 is very troubled).

Perceived areas for improvement



Rule communication & compliance



Fair work allocation, homeworking rules & redeployment



Ensuring good patient/client care



Kindness of colleagues, supervisors & public



Having supervisor check-ins & access to support



Safety & Infection Prevention and Control provision/rules

Quick win actions for all



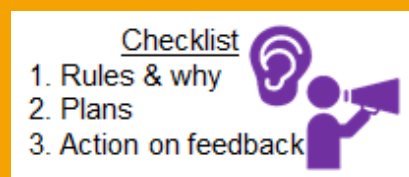
Encourage Kindness



Supervisor check-ins



Enforce rules safely



Clear communication, feedback & response

For more information, please email: necsu.nencicsmentalhealth@nhs.net



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