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Tees, Esk and Wear Valleys 
NHS Foundation Trust

DELIRIUM CAN BE PREVENTED AND TREATED



icanprevent**DELIRIUM**

SUSPECT IT

Age 75+
Cognitive impairment
Visual / hearing loss
Infection / dehydration
Pain / trauma

SPOT IT

Acute confusion
Poor concentration
Poor communication
Change in behaviour
Hallucinations
Fluctuations

STOP IT

Treat cause
Explain and reassure
Environment
Physical needs
Psychological needs
Social needs